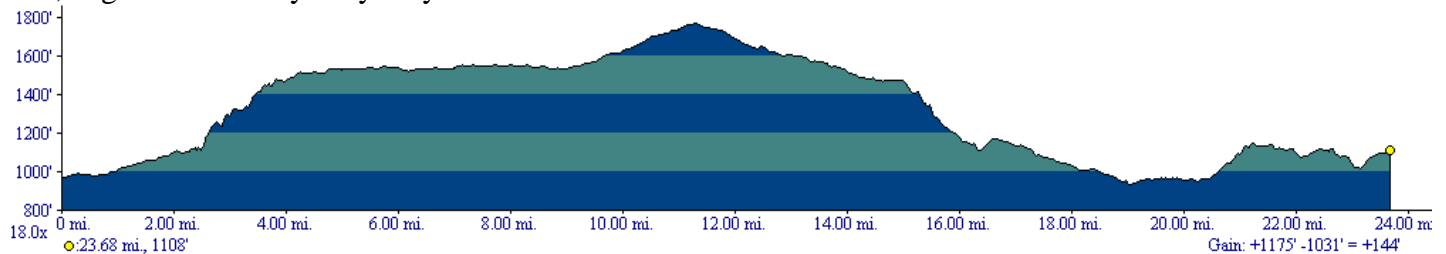


The Van Buren Loop

The Van Buren loop is one of our store favorites with a bit of climbing right off the bat, subtle climbing for a while and then mostly downhill to the finish. This ride is about 24 miles in length and, as with most of our rides, begins at Anthony's Cyclery.



1. Make a right turn out of the parking lot onto University.
2. Take a right at Iowa (first signal).
3. Take a left at the end of Iowa onto Martin Luther King (signal).
4. Take a right onto Canyon Crest (signal).
5. Take a left on Central (signal).
6. Climb to Sycamore Canyon (just before the freeway) and turn right. Sycamore changes names to Frontage Road after you cross Alessandro.
7. Make a right on Arnold (just before crossing over the freeway)
8. Take the first left hand turn onto Avenue A (no street sign)
9. Follow Avenue A until it ends at Van Buren and make a right. Watch for traffic.
10. You will be on Van Buren for a while and then make a right turn on Washington (signal)
11. Take a right turn on Golden Star and begin descent. Watch for cars in corners.
12. Take a left on Bradley.
13. Take a right on Whitegate and continue to end.
14. At the end of Whitegate make a left onto Hawarden and continue over Overlook.
15. At end of Hawarden make a left on Mary.
16. Take a right turn onto Victoria (stop sign).
17. Ride Victoria for a while and then take a right on Arlington (signal).
18. Climb up Arlington which turns into Chicago as you cross over Alessandro.
19. Make a right on Country Club Drive (signal).
20. Make a left at the end of Country Club Drive onto Canyon Crest (stop sign). Watch for cross traffic.
21. Descend and then climb up Canyon Crest and continue past Central.
22. Make a left turn into the first drive way at the Canyon Crest Towne Center and park your bike next to 42nd Bagels.

If you plan on returning to the shop, make a left out of the parking lot, take Canyon Crest to Martin Luther King and make a left turn. At Iowa, make a right and then turn left onto University. The store is a block up on the left.